



(Accredited by American Academy of Sleep Medicine)

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First Name	Last Name	Date

Social History

Marital History		Education			
Single	(___)	Less than high school	(___)		
Married	(___)	High school	(___)		
Separated	(___)	Some college	(___)		
Divorced	(___)	College	(___)		
Widowed	(___)	Post-graduate	(___)		
Current Work Status		Caffeine Use			
Full-time	(___)	Coffee	(___)		
Part-time	(___)	Tea	(___)		
Disabled	(___)	Carbonated beverages	(___)		
Retired	(___)	Medicines	(___)		
Self-Employed	(___)	Foods	(___)		
Full-time parent	(___)	Tot servings/day	(___)		
Unemployed, looking for work	(___)	None	(___)		
Unemployed, not looking for work	(___)				
Alcohol Use		Tobacco Use (smoke or vape)		Illicit Drug Use	
Occasional	(___)	Every day smoker	(___)	Recently quit	(___)
Moderate	(___)	Some day smoker	(___)	Remotely quit	(___)
Heavy	(___)	Former smoker	(___)	Use socially	(___)
Recently quit	(___)	Never smoker	(___)	Use daily	(___)
Quit a long time	(___)			Use weekly	(___)
None	(___)			Use monthly	(___)
				None	(___)
				Which drug most used	(_____)
				Which other drug used	(_____)

