



(Accredited by American Academy of Sleep Medicine)

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Refer to R Bart Sangal, MD the following patient:

Patient Name

Phone No. of Patient

REASON:

- Adult or Pediatric Sleep Apnea (confirm diagnosis, determine severity)
- Other Adult or Pediatric Sleep Disorder (such as narcolepsy, insomnia, parasomnia, etc.)
- Adult or Pediatric Attention Deficit (confirm diagnosis, determine best medicine to treat)
- Mild Cognitive Impairment (confirm presence, evaluate reversible causes)

I: () Evaluate, then

- A: test as necessary, and treat
- B: test as necessary, then return to referring physician for treatment
- C: test as necessary, then treat if sleep apnea, AHI > _____ (5 is default if no value entered), otherwise return to referring physician

OR

II: () Test based on referring physician's evaluation, then

- A: return to referring physician for treatment
- B: treat if sleep apnea, AHI > _____ (5 is default if no value entered), otherwise return to referring physician

COMPLETE THIS SECTION IF SELECTING II and attach your evaluation (H&P)

Loud snoring Tired/fatigued/sleepy during day
 Observed apnea in sleep High blood pressure
 Age: _____ yrs Gender: Neck circumference: _____ in.
 Height: _____ Weight: _____ lbs BMI (if known) _____

- Home sleep testing 95806 for Obstructive Sleep Apnea, if inconclusive/unsatisfactory do follow-up polysomnography in sleep center 95810
- Home sleep testing 95806 for Obstructive Sleep Apnea
- Polysomnography in sleep center 95810 for Obstructive Sleep Apnea (OSA)
- Polysomnography in sleep center 95810 for OSA with follow-up CPAP titration PSG (95811) if necessary
- Polysomnography with CPAP titration (95811) for confirmed OSA
- Polysomnography 95810 and MSLT 95805 for Narcolepsy

[If you select testing without evaluation by Dr. Sangal, we can still arrange Positive Airway Pressure device through a DME company, based upon a positive test for sleep apnea, with your prescription]

Signature of Referring Physician
Date: _____

Name of Referring Physician
Tel No: _____

PLEASE FAX THIS FORM TO 586-254-7207 AND GIVE COPY TO PATIENT